

SEND Newsletter

Welcome to our newsletter which is dedicated to special educational needs and disabilities. We hope you find this useful. If you have any suggestions for future newsletters, please let Mrs Kane know. Many thanks.

At Burradon Community Primary School, we are proud of our 'open door' policy, so please do not hesitate to get in touch, if you have any concerns, queries or require further support from our team. You can make an appointment with the class teacher by phoning the school office or emailing the school. Our SEND Governor is Mrs Watts. For further information, please visit our dedicated SEND page on our school website where you will find the Local Offer, as well as external links for charities or support websites.

Spotlight on Returning to School

The late nights, the long lies, days out and no homework are coming at an end. The summer holidays are draw to a close and it's time to get back in to a routine ready for the new school year. It can be a difficult time for many from starting school for the first time, starting a new school or just going back after the holidays.

To support a child with transitioning to school, here are some suggestions:

*For some children, restarting the school routine a few days or week before they actually return really helps. Most children like a routine (even if some say they don't), so by going to bed earlier and rising out of bed earlier than they have been will help them greatly.

*Talking through what the routine will be when they start back at school helps. This could include what time they go to bed, what time they will get up, getting dressed and the uniform to wear, having breakfast or attending Breakfast Club, how they will get to school (remember our Travel Tracker) and who will be picking them up. Or might they be walking home themselves in our Years 5 and 6? This will make it less daunting for them.

*Talk to them to find out what they are looking forward to about going back to school or starting a new school. Also find out if there are any worries or concerns they may have. If they find it tricky to share these verbally, ask the children to write or draw them down on pieces of paper and pop them in a jar. Choose a time to sit together and talk about each one.

*Help the children feel a sense of responsibility by choosing what they would like in their packed lunch the night before or getting their school clothes out ready. Also packing their bag with a water bottle and reading folder once they receive it from school. Some children depending on their age, will need support with this from adults.

*Get a good night's sleep!

*Gradually reduce the amount of time on electronic devices so children start to wind down before bedtime.

*How are you feeling about your child/ren going back to school or starting school? Children can pick up on adult's feelings. If you have any concerns or worries, please do speak to staff. We are here to help!

*Finally, take one day at a time! You've got this!