

## PE Vocabulary Progression (Pre-School – Year 6)

Age / Year	Key Vocabulary (Core)	Additional / Extension Vocabulary
Pre-school	run, jump, walk, stop, go, throw, catch, roll	push, pull, balance, climb, hop
FS1	move, stretch, bend, fast, slow, up, down	twist, turn, skip, bounce, slide
FS2	travel, balance, jump, roll, throw, catch, kick	under, over, side, zig-zag, spin, team
Year 1	direction, speed, space, control, aim, stop/start	forward, backward, sideways, chase, dodge
Year 2	coordination, sequence, levels (high/low), pathway, target	perform, mirror, rhythm, copy, strike
Year 3	technique, accuracy, agility, stamina, balance, teamwork	opposition, possession, dribble, pass, score
Year 4	attack, defend, rules, tactics, fair play, warm-up	mark, intercept, pace, reaction, relay
Year 5	strategy, speed, endurance, evaluate, refine	anticipate, adjust, resilience, sportsmanship
Year 6	performance, leadership, analyse, adapt, competitive	officiate, motivate, challenge, perseverance