

### Personal, Social and Emotional Development

Find ways to calm themselves, through being calmed and comforted by their key person.  
Establish their sense of self.  
Express preferences and decisions. They also try new things and start establishing their autonomy.  
Engage with others through gestures, gaze and talk.  
Use that engagement to achieve a goal. For example, gesture towards their cup to say they want a drink.  
Find ways of managing transitions, for example from their parent to their key person.

### Expressive Arts and Design

Show attention to sounds and music.  
Respond emotionally and physically to music when it changes.  
Move and dance to music.  
Anticipate phrases and actions in rhymes and songs, like 'Peepo'.  
Explore their voices and enjoy making sounds.

### Communication and Language

Watch someone's face as they talk.  
Copy what adults do, taking 'turns' in conversations (through babbling) and activities. Try to copy adult speech and lip movements.  
Enjoy singing, music and toys that make sounds.  
Recognise and are calmed by a familiar and friendly voice.  
Listen and respond to a simple instruction.

### Physical Development

Enjoy moving when outdoors and inside.  
Reach out for objects as co-ordination develops.  
Pass things from one hand to the other.  
Let go of things and hand them to another person, or drop them.

### Literacy

Enjoy songs and rhymes, tuning in and paying attention.

Begin to look at different books and share with friends and an adult.

### Mathematics

Combine objects like stacking blocks and cups.  
Put objects inside others and take them out again.

## Pre-School Autumn 1

## Let's Celebrate

### Understanding of the World

Repeat actions that have an effect.  
Explore materials with different properties.  
Explore natural materials, indoors and outside.