

Financial Education

Drug Education

Careers

Physical Health and Fitness

Healthy Eating and the Eatwell Plate

Keeping Safe

First Aid

Internet Safety

Anti-Bullying

PSHCE –

Personal, Social, Health, Citizenship and Economic Education (Life Skills)



Caring Friendships and Healthy Relationships



Naming emotions

Difference and Diversity

Manage Conflict (disagreements) Respectfully

Families

People Who Care For Me (trusted adults)

Changes and Transitions (how to manage them)

Getting Help and Advice (if unsafe or unhappy)

Mental Health, Wellbeing and Thrive

Visions and Values

Growing and Changing Bodies

Underwear Rule and Consent